



Stony Plain Public Library
 112 4613-52 Ave
 Stony Plain, AB T7Z 1E7

Phone - 780-963-5440
Fax - 780-963-1746
www.mysppl.ca



MAY

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
		1	2	3 5:30pm- Movie Time 6:00pm- Family Craft Night 8:00pm- Teen Spring Stay Over	4
6	7 10:30am- Compass for the Caregiver	8	9	10	11
13	14 10:30am- Compass for the Caregiver 6:00pm-Super Tuesdays- Get Snappy with Circuits	15	16	17	18
20 Library Closed	21 10:30am- Compass for the Caregiver	22	23	24	25 10:30am- Cohesive Family Support Group
26	27 10:30am- Compass for the Caregiver	28	29	30	31

Visit www.mysppl.ca for details of all our programs!

MAY READER



COMPASS for the Caregiver

Tuesdays, April 30th-June 18th 10:30am-12:30pm

COMPASS is a program that gives caregivers the tools to better manage the unique demands and challenges they face as caregivers. Topics include stress and burnout, dealing with difficult emotions like guilt and grief, putting yourself first, and navigating the system. You can attend them all or pick a few! COMPASS provides a safe place for caregivers to share their experiences with others who understand.

A partnership between Stony Plain Library, Stony Plain FCSS and Spruce Grove FCSS. This is a free program, however registration is required call 780-962-7618 or www.sprucegrove.org/onlinereg



Super Tuesdays Get Snappy With Circuits

Tuesday, May 14th 6:00-7:30pm

Experiment with the library's circuitry materials and learn what all the buzz is about. Build an AM radio, a burglar alarm and more. Bring your family, friends and ideas!

Note: limited to 10 participants, register at mysppl.ca

Scrapbook Club

Wednesdays, January 9th -June 12th 3:15-6:00pm

Gather up your gear and connect with people who share your passion for capturing beautiful memories as cards, scrapbooks, online photobooks and more.

Free! Drop in community-hosted event.



Trivia Night at the Pub

Last Tuesday of the month 7:00-9:00pm

Join us at the Moonshiners Pub
5202 50 Street in Stony Plain for
Trivia, Fun and Prizes!

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